

HANDOUT 5-9 PFAT Group-Scan Checklist

<p>Physical What can you observe about the other people in the group?</p>	<p>Sweaty palms? Clenched teeth? Nervous tics? Clenched fists? Sweating? Turning red?</p>
<p>Feeling Since you can't observe someone's feelings, use active listening to verify your perceptions.</p>	<p>Anxious? Tense? Angry? Defensive? Attacked? Worried? Scared? Challenged?</p>
<p>Appearance</p>	<p>Lunging forward? Glaring? Avoiding? Yelling? Hesitant? Stammering? Sheepish?</p>
<p>Thinking</p>	<p>Defending their positions? Discrediting others? Redeeming themselves?</p>